HOLA

I cannot emphasize enough the need to prepare yourself for the impact new encounters and impressions of the world will have on us. Every new experience hits us more than we realize. To help us get the most of new experiences, especially in another culture, we need to prepare ourselves as best we can.

On this program, you will be staying with a host family, eating new food, seeing things you never imagined before, and dealing with people and situations as they come up. I suggest that you do some light reading before you leave.

I came across the following brief book that can help you as you prepare your mind for these new adventures. Please do yourself a great favor and try to get it. This book may be available in your school’s library or International-Global Studies Office.